

# Anti Reina

3+4, 4 is -14 but if she is in heat it is +8 on block and there is another hit, all mid

3,4 is -14

ff2~f is a super fast long range mid that goes into SEN at +2 on block

if they abuse SEN 3 from here (i12~13 high that is +1 on block) then start ducking and launch punishing it

if they stop using it you can beat their mid options via SSL and blocking which causes SEN 2 and SEN 4 to whiff

SEN 1,2 and SEN 1+2 can be launch punished [[Reddit explanation](#)]

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